



Supportive Care for Patients with Kidney Disease

As your health care team, our goal is to help you achieve the quality of life for you and your family by listening to **What Matters Most** to you.

Dallas Nephrology Associates' Supportive Care Team provides an extra layer of support to help you live each day to the fullest. We know that the challenges of kidney disease can be difficult.

In addition to physical and emotional issues, you and your family may have to make difficult decisions about your care. Communication, coordination of care and support are important to making the most of your life.

The Supportive Care Team can help you match your goals to your treatment choices. This care is appropriate **at any age** and **at any stage of illness**. It can be provided along with your other treatments. Our team can help you with:

- Goals of Care Discussions
- Medical Power of Attorney
- Other Advance Directives (See reverse side for more info.)
- Symptoms and Stress of Illness
- Resources

Talk to your DNA healthcare provider today to be referred to a member of our Supportive Care Team or call 214.366.6290.



Advance Directive

What is an Advance Directive? A **gift** to your support person (people) letting them know what matters most to you.

Usually, the first step is to choose a **Health Care Agent**. This person would be the one you trust to make decisions for you IF you cannot do so yourself.

A written plan for loved ones and health care providers to follow is called a **Healthcare Directive**. This allows your wishes to be known if a time comes when you cannot speak for yourself.

The most important part of this process is **talking** about your wishes with the people in your life who will need to know if you cannot speak for yourself.

You may want to talk to your healthcare provider about the future. Here are some ideas:

- What would you like to know about what is likely ahead with your illness
- What is most important for you to have a good quality of life
- What are you afraid of about your illness
- What kinds of medical care do you NOT want
- If you have not already identified a Health Care Agent (proxy), who would be able to fill that role? Do you have this in writing?

We can help. Ask your healthcare provider or call Dallas Nephrology Associates' Supportive Care Team at 214.366-6290.